Trustees' Annual Report and Financial Statements

Year ended 31 March 2019







A society where all those whose lives are affected by Spina Bifida and / or Hydrocephalus, and associated conditions, are empowered and enabled through choice and equality of opportunity.

To make a **positive difference** to the lives of people affected by Spina Bifida and / or Hydrocephalus, and associated conditions.

Strategic goals

Improving outcomes through early intervention and support

Babies and children from birth to 10 year olds will have improved health, educational and social outcomes through specific approaches for support, intervention and condition management.



1

Access to better care and services for all

People with Spina Bifida and / or Hydrocephalus will have access to specialist services and treatments, which will enable better care and condition management.

3 Improved lifestyle and choices

People with Spina Bifida and / or Hydrocephalus will be enabled, engaged and empowered to make informed choices about the lives they want to lead.



5

Preventing Spina Bifida

Greater focus on the causes of Spina Bifida and a call for Government and others to take decisive action in the prevention of Spina Bifida.

Quality information and support

People affected by Spina Bifida and / or Hydrocephalus, and other key stakeholders, will have access to high-quality information and support to meet their needs.



Underpinned by our values

- Promote the empowerment and participation of people with Spina Bifida and Hydrocephalus, and associated conditions
- Value and respect all the different people with whom we work
- Challenge the ways in which society disables our members
- Work to achieve excellence
- Welcome challenge and review
- Use resources ethically, thoughtfully and responsibly

An introduction from our Chairman

A whole year has passed since the last annual report - how quickly time flies! Once again, it is time to reflect on our successes, and plan for delivering continually improving services.

Our greatest assets are our members, our volunteers and our staff. It is they who have provided expert insight and lived experiences which have informed and influenced our work and the direction we have travelled this year and will do so in the future.

We have continued with the vital, much needed one to one support and social opportunities for members of all ages, and for their families and friends.

We have also taken greater steps forward in raising awareness, influencing and engaging the wider community - the professionals who support our members; corporate supporters and fundraisers, and the people who shape health and other statutory services at national, regional and local levels.

I am pleased to report some notable successes in 2018-19 through this strategic influence and campaigning:

- Mandatory fortification of flour with folic acid (vitamin B9) is on the horizon
- Prenatal surgery has been introduced into the UK
- Folic for Life, a new programme for supplementation, is ready to launch in 2019-20
- Funding has been secured to deliver an England-wide 'early intervention' project
- There has been a considerable increase in media interest in Shine and the conditions we represent.



We have also reviewed our governance structure and practices as it is only through good management, on-going review and scrutiny of what we do and how we do it that we will ensure we think creatively about how we deliver maximum value for the benefit our members everywhere.

Our achievements in 2018-19 have provided us with a stable platform on which we now intend to grow.

The Board of Trustees have agreed an ambitious plan for investment in fundraising. This, in turn, will underpin our plan for further growth and success in our services, which I look forward to reporting on this next year.

With my very best wishes



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Trustees' Annual Report

In 2017, when we launched our new Corporate Plan, we set out five ambitious goals.

- To improve outcomes for babies and children through early intervention and support
- · Access to better care and services
- · Improved lifestyle and choices
- · Preventing spina bifida
- · Quality information and support

These goals and objectives continue to provide a more focused approach for planning priorities, securing funding, implementation and review for the work we need to deliver over the five years to realise these goals.

Goal 1: Improving outcomes for babies and children through early intervention and support Pre-natal surgery

Pre-natal surgery

Prevention of spina bifida remains at the forefront of our campaigning. However, any medical advances which will potentially improve the health and social outcomes for a baby born with spina bifida are very good news. One such advance in the UK this year has been pre-natal surgery for spina bifida.

Although open pre-natal surgery is not a cure for spina bifida, and is not suitable for every pregnancy, it does offer an additional option for parents-to-be, who have had a diagnosis of an unborn baby with spina bifida, to consider.

Until very recently, pre-natal surgery for spina bifida was not available in the UK. Indeed, mums-to-be who decided to undergo the surgery have had to travel overseas for the operation but developments in 2018 means this is set to change. The first cases of pre-natal surgery in the UK generated wide-spread publicity, creating opportunities on several occasions for Shine to increase our presence in the national press, radio and television.

We also contributed to the development of University College Hospital London Patient Information materials for pre-natal surgery. Shine was invited to be part of the working group for the development of NHS England service specification, which will facilitate access to the surgery for those mums-to-be who fit the stringent qualifying criteria.

Shine's part in the group allowed us to influence the plans to include the importance of care, support and information for parentsto-be, not just during surgery, but before and after.

The service specification was approved by Specialised Commissioning England, which is seeking tenders for the provision of the surgery at the time of preparing this report.

Early intervention



Early intervention has always formed part of the existing one to one activity and support offered by our network of service staff.

This work has continually evolved during the past year. We have consulted with our members and reviewed and changed our delivery based on feedback.

We know that great focus on early intervention can improve health and life opportunities for the babies and children we work with as they grow and reach adulthood.

As a result, we sought funding to increase resources and staff capacity to allow us to widen our reach and become much more proactive in offering families a point of contact and support.

This has included:

- providing local knowledge of health, education and other services and support structures
- promoting good practice with continence care and mobility
- support to access the correct benefits.
- We also want to build more opportunities for peer networking and developing volunteers to co-ordinate accessible and inclusive activities in more local areas so that more of our young members and their families will benefit.

We were successful this year in securing funding to do just this.

Anencephaly

Membership of our closed online Anencephaly support group grew to 471 by the end of March 2019. The group is a safe, non-judgemental environment for parents to encourage and support each other through their experiences of a recent diagnosis or past loss of a baby.

Goal 2: Access to better care and services

Health and well-being continue to be at the centre of the services we provide.

In January 2019, Shine invested in two new key roles for the Health Team to ensure that we can influence and inform the strategic nature of our health and well-being work.

These roles have added more the capacity and expertise to directly meet the needs of our members now and long into the future.

If we are to inform and influence care and service provision, Shine must also continue to shape the learning and insight into the conditions and pass these learnings and insights onto others.

To do this in 2018-19, we have contributed to local and regional surveys across the UK, submitted responses to national consultations, undertaken our own research projects and worked closely with others to identify and develop research proposals.

Key pieces of work include:

- A survey into antenatal experiences of mums-to-be
- The development of a membership survey on ageing with SB, to provide in-depth information on the impact spina bifida has on the health and lifestyle of individuals as they age
- Supporting Dr Trudi Edginton on her research into the pattern of cognitive decline in hydrocephalus
- Attendance at the Research Society for Hydrocephalus and Spina Bifida symposium in Bristol
- A benefits survey to members, to establish the impact of Government changes to their benefits
- Contributing to the Disability Benefits Consortium (DBC) surveys and reports.
- A survey on education which shows the main issues for our younger members and their parents

Shine was also involved in delivering Spina Bifida workshops in partnership with the North East Paediatric Neuro-Science Network covering Sheffield, Leeds and Newcastle.

As a result of this work, there is now a plan in place to produce a more consistent Care Pathway for children with Spina Bifida across the North East.

Goal 3: Improved lifestyle and choice

Our network of Support and Development Workers (SDWs) and our Health, Education and Benefits Teams have continued to engage, enable and empower our members of all ages to make the decisions that are right for them through offering advice, support and guidance in a variety of ways.

Where resources have allowed, we have promoted access to inclusive and active lifestyles; promoting wheelchair skills for young members, running a series of Sunshine Wheel and Walks, supporting educational attainment by working with schools and our members, offering support and advice around work or accessing the correct benefits to support financial wellbeing.

On occasions we have been successful in supporting members with applications to grant-giving charitable trusts to secure the best piece of equipment to maximise independence, choice and control.

The projects we prioritise are based on issues highlighted by our members. This is a key part of our success in achieving this goal. In the current funding climate and with limited resources, it is impossible to meet all needs at the same time. **Education** has continued to be a key area of work this year with Shine providing advice for families and school staff, as well as a series of supporting information for members from pre-school through to university level, as children and young people transition between education settings and on to adulthood.

We also introduced monthly education updates and developed new content for our website, ensuring our information and expertise is more accessible to our members and others.

As well as presentations to schools, two 'Hydrocephalus and Learning' seminars, were successfully piloted, bringing education professionals together with member input to increase knowledge and appreciation of the needs of members with Hydrocephalus.

Plans are in place to deliver more of these sessions to widen professional understanding and approaches to supporting children and young people with hydrocephalus. As always, **the welfare reform and benefits** have continued to have a major impact on our members.

Staff have supported 857 members in dealing with benefits issues, Personal Independence Payments and Employment Support Allowance being the key areas for concern for our adult members. Enquiries on universal credit have been low this year, but we fully expect to see an increase in the future.

We have remained active members of the Disability Benefits Consortium (DBC - national coalition of over 80 organisations committed to working towards a fair benefits system) to lobby, campaign and influence national benefits policy and practice on behalf of our members.

Many members, both families and adults, volunteer for Shine and many more have expressed a desire to **volunteer**, so we have developed a formal volunteering strategy and volunteer recruitment plan to match individuals and groups to suitable roles and provide them with the support and tools they need.

Funding has been secured in Wales for 2019-20 to pilot its delivery and in 2019-20, we will seek further funding to roll this project out nationally.

Goal 4: Preventing Spina Bifida

Mandatory Fortification of Flour with Folic Acid

The campaign was relaunched at a successful parliamentary briefing on Folic Acid Awareness Day on 1st May 2018.

This led to greater interest and awareness amongst MPs, Peers and national organisations such as the Royal College of Gynaecologists and the British Dietetic Association on the need for fortification.

With the support of Owen Smith MP and Nigel Dodds MP, an All-Party Parliamentary Group (APPG) for Folic Acid was established which gave a greater focus on this important public health issue from within the meeting rooms of Westminster. Shine successfully secured a meeting with the Minister for Public Health in Awareness Week 2018, and this was followed by an announcement from Government on World Spina Bifida and Hydrocephalus Day of their intention to launch a public consultation on mandatory fortification, which we hope to see early in 2019-20.

Shine also had several mentions in Parliament throughout the course of the year!



Supplementation

Alongside the campaign for mandatory fortification of flour with folic acid, Shine also refreshed our messages about the importance of women preparing for pregnancy.

To reduce the chance of their pregnancy being affected by NTD, they should take a supplement of 400mcg of folic acid for 2-3 months before they stop contraception.

Our message is clear: even if fortification goes ahead, women should still take a supplement, and it will be safe to do so.



A new campaign on supplementation, Folic for Life, will launch on Folic Acid Awareness Day 2019.

I JOINED THE FIGHT FOR FORTIFICATION OF FLOUR WITH FOLIC ACID

Left: Shine representatives celebrate developments in fortification with Owen Smith MP

Right: Conservative MP Michael Fabricant joins Shine members in the Fight for Fortification.

MUM

Goal 5: Quality Information and Support

Quality information and education help facilitate an understanding of the conditions. They are also about empowering and enabling our members to put new knowledge and understanding into practice, and to consider how others can support them

Unless people know about Shine, and know about Spina Bifida, Hydrocephalus, Anencephaly, Normal Pressure Hydrocephalus or any of the associated issues Shine support, they will not understand the importance of better care and condition management for health and well-being; and they might not understand how ensuring access to the right services at the right time is so vital for people living with the conditions

Our progress includes:

- The launch of a new, user-friendly website which will be subject to on-going review and development
- The introduction of a social media plan to increase our reach
- A plan to develop a varied programme of resources which will appeal to different audiences
- More regular communication with our members and supporters
- An on-line resource for membership access to create posters for social media and fundraising events
- A white-board animation on bladder management for younger children
- A pilot series of information sessions for educational professionals in England and Northern Ireland
- A review and update of health-specific information, including important member and GP information on bowel cancer

A new marketing and communications strategy has been instrumental in helping Shine widen awareness of the conditions and ensure all audiences understand more about the conditions we support.



2018/19 in numbers

12,217 Shine members as of 31/03/2019



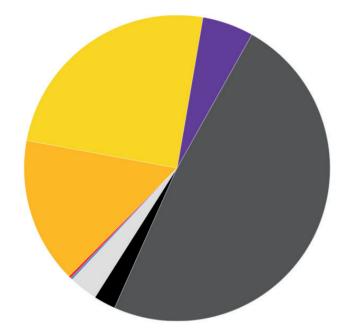
individuals attended 180 Shine events

3,000+ individuals received advice and support

8,000+ enquiries received throughout the year

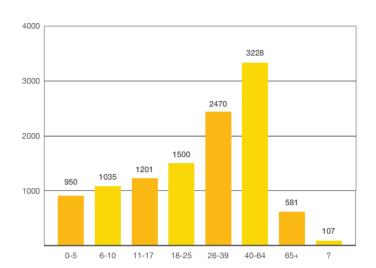
Facts and Figures:

Registered members by condition*



Spina Bifida	15%
Spina Bifida and Hydrocephalus	25%
Spina Bifida Occulta	5%
Hydrocephalus	49 %
Normal Pressure Hydrocephalus	2%
Intercranial Idiopathic Hypertension	3%
Encephalocele	0.5%
Anencephaly	0.5%

Age of Shine members - March 2019*



Number of website visitors 80,248 Number of pages viewed 302,836

114,684 Social Media Interactions



Achieving our goals

The people who make it happen

Behind the scenes at Shine, there is a small army of staff, trustees and volunteers, all working tirelessly for the continued success of the charity, and ultimately for the benefit of our members.

It is important that we, as an organisation, have the structures and processes to enable them to support us in the best way they can.

This year, we focused on three key areas to support the wonderful people who make things happen:

Governance: During the year, we updated our Articles of Association and reviewed the governance structure for Shine to ensure it remains 'fit for purpose' and current for the coming years.

We appointed a new Treasurer to support our financial planning and management, and designated lead Trustees for key areas of work, including data protection and safeguarding.

Staff training: Each year, Shine identifies core collective training for all staff, as well as meeting individual development needs when required.

All Shine staff attended a two-day residential which provided the opportunity for updates and information on certain aspects of the work we do; we also provided level one and level two safeguarding training for staff throughout the organisations as part of our revised safe-guarding policy.

Volunteering: a new volunteering strategy was developed in the year, with several members and others 'volunteering' to input and feedback on the project. Funding has now been successfully secured to pilot the project in Wales in 2019-20.

Widening engagement and stronger partnerships

Our new membership engagement strategy is currently under development.

The strategy will outline clear plans for improving the way in which we communicate with our members, but as importantly, will detail the way in which we can improve consultation, influence and volunteering across the network of thousands of people we work with every year.

Investing in our infrastructure

We would struggle to provide the services we do without the right equipment and resources we need to do our jobs. Emails would not be answered; phone calls would not be made, and we would have no records of our successes in supporting our members.

In 2018, we reviewed all areas of internal support (IT; databases; email systems) and consulted with staff to understand what could be improved and how.

As a result, we:

- Provided staff with up to date IT equipment, where required
- Migrated from Google Suite to Microsoft 365. This will be reviewed in 2019, to measure its success
- Introduced a new, more user-friendly fundraising database

GDPR (General Data Protection Regulation)

For every business and charity in the UK, GDPR will have provided challenges and changes in the workplace in 2018-19. As an organisation that processes personal information, good data protection is vital.

We felt it important that we ask the Information Commissioner's Office (ICO) to review our data management across the organisation and look at how Shine managed the introduction of GDPR.*

* The visit resulted in a report, highlighting areas of good practice and recommendations for improvement which are now under development.

Investing in fundraising

Fundraising has remained a challenge in 2018-19.

Legacies once again played a critical role in funding the work we do. Many individual supporters and small/ medium sized companies also supported us in a variety of different ways.

The end of year outcome has placed Shine on a stable footing, on which we now must build.

The Board have agreed a programme of investment in fundraising. This will allow us the scope to deliver an ambitious and longer-term strategy for income generation in order to ensure that our current support for our members can continue.

This will enable us to build our capacity, better support our members and increase our reach to our existing and new audiences in the future.



Above: Participants in the 2019 London Marathon raised over £18,000 for Shine

Inset: Waitrose, Peterborough was one of a number of successful supermarket token Schemes supporting Shine.

Shi

Next steps...

We have reflected on the successes of the past year and identified ambitious outcomes against the strategic goals to further the delivery of our Corporate Plan 2017-2022.

For 2019-20, these include:

Improving outcomes through early intervention and support through:

- The publication of an antenatal report on parents' experiences on receiving news of a diagnosis; and influencing future practice in antenatal settings
- · The launch of a new Early Intervention project
- · An information leaflet on encephalocele
- · A map of key regional health, social care and education children's services
- · A publication on children and hydrocephalus

Access to better care and services for all through:

- A best practice guide on the prevention of health issues in the care of adults with spina bifida and hydrocephalus.
- · On-line training and information for professionals
- Providing information and influencing national clinics for adults with spina bifida and hydrocephalus
- Access to Shine Health Direct and holistic health assessments

Improved lifestyle and choices through:

- More research
- A new membership engagement strategy
- · A national programme of support, social groups, and events
- · Opportunities for volunteering
- Up to date information and support on key issues affecting our membership

Preventing Spina Bifida through:

- · Continuing to campaign for mandatory fortification of flour with folic acid
- A new campaign on supplementation

Quality resources for information and resources through:

- · A review and update of existing resources
- · Development of digital resources
- On-going development of our website

Financial Review

For the year to 31st March 2019 the Trustees set a financial budget to generate sufficient income to cover expenditure and deliver a surplus of £37,048.

Shine reports an actual surplus of £158,262 (2017-18 £6,878 deficit), which consists of £158,882 unrestricted surplus and a £620 restricted deficit.

This surplus includes a £83,000 actuarial gain on the defined benefit schemes and whilst most welcome it is acknowledged that this gain is largely beyond the control of the Charity.

Total income for 2018-19 was £2,052,468 (2017-18 £1,918,931), with increases in legacy receivables and fund-raising activities offsetting reductions in trading income.

Shine continues to seek and develop new income streams from fundraising and trading activity, to this end a permanent Director of Fundraising with extensive experience within the Charity sector joined Shine in June 2019.

Expenditure in the year was £1,976,982 compared to £1,932,292 in 2017-18.

Expenditure on direct charitable activities, that is supporting those with spina bifida and/or hydrocephalus and their families was slightly lower at £1,237,179 (2017-18 £1,240,278), service levels were maintained as far as possible.

Expenditure on raising funds was £739,803 (2017-18 £692,014) and reflects the continued investment in fund raising resources.

Under the accounting standard SORP2015 the full pension deficit must be declared as a deficit on the balance sheet.

The Charity remains confident that it will meet the required pension contributions from its projected income without significantly impacting on its planned level of charitable activity.

The designated fund previously established to cover the next 12 months contributions has been released back to general unrestricted funds, but the Charity still deducts next year's contributions when calculating its free reserves. Further pension detail is shown in note 21 of the accounts.

The budget for 2019-20 has been set on to ensure an unrestrictive surplus of £57,899, it is anticipated that development in fundraising will secure a more diverse and stable income base to support the service provision, while costs are monitored closely.

Financial Reserves Policy

Shine holds reserves for the following purposes:

- To provide working capital to cover for ongoing activities.
- To cover fixed expenditure commitments in the event of loss of income on a temporary or permanent basis, and to provide the charity with time to plan its future strategy.
- To cover statutory obligations and to wind up its affairs or restructure in an orderly, ring-fenced way.
- To fund new initiatives, projects or research where funds cannot be raised to cover the costs in any other way, including the cost of major capital expenditure.

The target level of reserves is at least three months of committed expenditure which currently stands at £517,225.

At the year-end Shine held free reserves of $\pounds 629,676$ (general unrestricted funds excluding the pension deficit payments due after 12 months), which was above the reserves target and represents 3.6 months of expenditure cover.

The Board has established the following designated funds:

• A fund to represent Shine's investment in fixed assets, net of the outstanding mortgage on the 42 Park Road (registered office).

Restricted reserves must be applied to the specific purpose(s) intended by the donor so do not form part of the free reserves funds totalled £78,191 at the yearend and are planned to be expended in 2019-20.

Investment Policy

Under the governing document the charity has the power to make any investment which the Trustees see fit. RC Brown Investment Management plc are Shine's investment managers with the remit to manage the investments in line with the policy outlined below.

Investments are held as part of the long term reserves of Shine. The aim is that they should maintain their value and generate income for Shine. The portfolio must only be invested in assets with a low risk profile. This will include utilisation of pooled funds, which provide diversification of assets, and ensures that the risk of losing a single holding is minimised.

- The investments may be held in a range of asset classes, including equities, corporate bonds and gilts.
- There will be no direct investment in 'alternative' investments such as hedge funds or derivatives.
- There will be no direct investment in overseas equities. Any such investment must be done through pooled funds managed in the UK.

The Trustees have agreed that the funds should initially be invested in a broad, balanced portfolio. The intention is to work towards ethical investments, with the advice of the investment managers while being mindful of the charity's obligations for responsible investment.

Senior Staff Remuneration Policy

The remuneration of senior staff is set by benchmarking with similar sized charities, and the market rate required to attract the best people to the job.

Structure, Governance and Management

Our Commitment to Quality Fundraising

Shine is registered with the Fundraising Regulator and proud to commit to the Regulator's Fundraising Promise. We are committed to maintaining high standards of fundraising in line with the Code of Fundraising Practice:

We will commit to high standards;

- We will be clear, honest and open;
- We will be respectful;
- We will be fair and reasonable;
- We will be accountable and responsible;

Our approach to fundraising consists of:

- marketing appeals to individuals who have already expressed an interest in Shine;
- running charitable events for which participants raise money;
- encouraging people to participate in other events to raise funds on our behalf;
- community fund raising; and
- soliciting donations from corporate partners, charitable trusts and individual donors.

We also encourage people to remember us in their will with a gift or legacy.

We do not use third-party professional fundraising agencies.

Where people or organisations raise funds in aid of Shine we request they follow our standards.

Shine's fundraising team provide tools and resources to enable supporters to deliver fun, safe and successful fundraising activities.

The trustees are of a view that during the year to 31 March 2019 we have been compliant with these standards and we are not aware of any instances where those acting in aid of the charity have failed to comply.

In order to protect vulnerable people and other members of the public, Shine has a safeguarding policy and our fundraising commitment is displayed on our website.

We are careful to protect the private data of supporters and give clear options to stop being contacted by us.

As part of our compliance with the code of fundraising practise, we ensure our approach to fundraising is not unreasonably intrusive or persistent and does not aim to solicit donations by pressuring potential supporters.

We take these steps to make sure people have a choice about whether to choose to fundraise for Shine.

Shine and our members are incredibly grateful for the continued dedication and support of our fundraisers. From everyone at Shine, thank you for your ongoing generosity.

Governing Document

Spina bifida, Hydrocephalus, Information, Networking, Equality – SHINE (Shine) is a company limited by guarantee registered in England and Wales (registration No 00877990) formed in 1966.

Shine is registered as a charity with the Charity Commission for England and Wales (Registration No 249338).

It is governed by Articles of Association (Updated in 2018) in which the liability of members in the event of a winding up of the company is limited to £1.

Appointment of Directors

New Articles of Association were adopted by special resolution November 2018 specifying that any person who is willing to act as a trustee, and who is permitted by law to do so, may be appointed as a trustee by a resolution of the trustees.

A trustee must be a natural person aged 16 years or older, the minimum number of trustees is 3 and the maximum is 16.

Trustee induction and training

New Directors undergo an induction day where they visit Shine's HQ, meet the Senior Management Team and other key employees.

They are fully appraised of the full range of Shine's services, projects and campaigns and provided with relevant background literature. They receive awareness training, if required, on spina bifida and hydrocephalus.

Depending on their specific skills and areas of expertise they will be put in touch with relevant staff.

Directors are briefed on their legal obligations

under charity and company law, the Articles of Association and the Board's decision making process.

They are also informed about Shine's Corporate Plan, key risks, recent financial performance and future prospects for the charity.

Organisation

The Board of Directors is the governing body with overall legal responsibility for the charity. The Board sets the strategic direction for Shine.

It meets a minimum of four times a year. Shine consults with a wide range of stakeholder groups to determine the priorities for the charity over the next five years.

These groups advise the Board and Senior Management Team on matters of policy and practice, and respond to consultations and specific areas of interest.

The day-to-day management of the charity is delegated to the Chief Executive, who reports to the Board. The Chief Executive is assisted in the day-to-day management by the Senior Management Team.

Related parties

The charity has partnerships with a number of local associations. These are independent charities for spina bifida and hydrocephalus in their own right.

Partnerships are negotiated on an individual basis which may cover a range of activities and services.

The charity also works in partnership with many other bodies, voluntary, statutory and international, in carrying out work to support service users, undertake research and disseminate information.

Trading Subsidiary

The charity owns the entire share capital of Shine (Trading) Limited registered in England and Wales. The consolidated accounts include Shine (Trading) Limited (see note 9). The principal activity of the company is to raise funds for the charity.

Risk Management

The Board of Directors is responsible for the identification and management of the major risks facing the charity. A Risk Register is maintained and shared annually with the Directors (more frequently if a significant issue arises).

The major risks have been reviewed and systems established to manage these risks. At the time of this report the most significant risk is the economic climate, and securing sufficient funding to maintain and develop services and other activities. Shine continues to make structural and strategic changes to the organisation to mitigate this risk.

Statement of Directors' Responsibilities

The Directors, who also act as Trustees for the charitable activities of Spina bifida, Hydrocephalus, Information, Networking, Equality - SHINE, are responsible for preparing the annual report and the financial statements in accordance with applicable law and United Kingdom Generally Accepted Accounting Practice.

Company law requires the Directors to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable group and of the net income or expenditure of the group for the year.

In preparing these financial statements the directors are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Directors are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and the group and enable them to ensure that the financial statements comply with the Companies Act 2006.

They are also responsible for safeguarding the assets of the charity and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Statement as to disclosure of information to auditors

As far as the Directors are aware, there is no relevant audit information of which the group's auditors are unaware. Additionally, the Directors have taken all the necessary steps that they ought to have taken as Directors in order to make themselves aware of all relevant audit information and to establish that the group's auditors are aware of that information.

The Directors are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website.

Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Appointment of Auditors

Baldwins Audit Services continue to act until further notice as determined by Board of Directors.

Going Concern

The activities of the charity, its objectives, factors likely to affect its future development and the policies for managing its capital and financial risk are detailed in the Trustees Report. The Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future.

Thus they continue to adopt the going concern basis of accounting in preparing the financial statements.

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

By order of the Board of Trustees

Mark Noakes

Chairman 10th September 2019

INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS OF SPINA BIFIDA, HYDROCEPHALUS, INFORMATION, NETWORKING, EQUALITY - SHINE

Opinion

We have audited the financial statements of Spina Bifida, Hydrocephalus, Information, Networking, Equality - SHINE (the 'charity') for the year ended 31 March 2019 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2019 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the Trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The Trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE MEMBERS OF SPINA BIFIDA, HYDROCEPHALUS, INFORMATION, NETWORKING, EQUALITY - SHINE

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the Trustees' Report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the Trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the Trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the Trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the Trustees' report and from the requirement to prepare a strategic report.

Responsibilities of Trustees

As explained more fully in the statement of Trustees' responsibilities, the Trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the Trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

INDEPENDENT AUDITOR'S REPORT (CONTINUED)

TO THE MEMBERS OF SPINA BIFIDA, HYDROCEPHALUS, INFORMATION, NETWORKING, EQUALITY - SHINE

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: http://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

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Mr Mark Jackson FCA DChA (Senior Statutory Auditor) for and on behalf of Baldwins Audit Services

Statutory Auditor

26.9.2019

Ruthlyn House 90 Lincoln Road Peterborough Cambridgeshire PE1 2SP

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2019

Notes 2019 2019 2019 2019 2019 2019 2019 2019 2019 2019 2019 2019 2018 2019 2018 2018 2018 2019 2018 2018 2019 2019 2019 2018 2019 2019 2019 2018 2019 2018 2019 2019 2018 2019 2019 2012 2018 2019 2012 2014 2019 2014 2019 2014 2014 <t< th=""><th></th><th></th><th>Unrestricted funds</th><th>funds</th><th>Restricted funds</th><th>Total</th><th>Total</th></t<>			Unrestricted funds	funds	Restricted funds	Total	Total
Notes £ £ £ £ £ £ Income from: Donations and legacies 3 981,556 - 267,808 1,249,364 960,389 Other trading activities 4 794,092 - - 9,012 9,717 Total income 1,784,660 - 267,808 2,052,468 1,918,931 Expenditure on: Raising funds 6 739,803 - - 739,803 692,014 Charitable activities 7 849,936 118,815 268,428 1,237,179 1,240,278 Total resources expended 1,589,739 118,815 268,428 1,976,982 1,932,292 Net gains/(losses) on investments 12 (224) - - (224) 6,483 Gross transfers between funds (57,963) 57,963 - - - - Net incoming/(outgoing) resources 136,734 (60,852) (620) 75,262 (6,878) Other recognised gains and losses 83,000 - - 8			-	-	2040	2040	2049
Income from: 267,808 1,249,364 960,389 Other trading activities 4 794,092 - 794,092 9,012		Notes					
Donations and legacies 3 981,556 267,808 1,249,364 960,389 Other trading activities 4 794,092 - 794,092 9,012 9,012 9,117 Total income 1,784,660 - 267,808 2,052,468 1,918,931 Expenditure on: Raising funds 6 739,803 - - 739,803 692,014 Charitable activities 7 849,936 118,815 268,428 1,237,179 1,240,278 Total resources expended 1,589,739 118,815 268,428 1,976,982 1,932,292 Net gains/(losses) on investments 12 (224) - - (224) 6,483 Gross transfers 194,697 (118,815) (620) 75,262 (6,878) Other recognised gains and losses 33,000 - - 83,000 - - 83,000 - Net incoming/(outgoing) resources 83,000 - - 83,000 - - 83,000 - Other recognised gains and losses 219,734 (60,852) (620) 158,262 (6	Income from:	Notes	~	~	~	~	~
Other trading activities 4 794,092 - - 794,092 948,825 Income from investments 5 9,012 - - 9,012 9,717 Total income 1,784,660 - 267,808 2,052,468 1,918,931 Expenditure on: 7 849,936 118,815 268,428 1,237,179 1,240,278 Charitable activities 7 849,936 118,815 268,428 1,976,982 1,932,292 Net gains/(losses) on investments 12 (224) - - (224) 6,483 Met incoming/(outgoing) resources 194,697 (118,815) (620) 75,262 (6,878) Gross transfers 194,697 (118,815) (620) 75,262 (6,878) Other recognised gains and losses 33,000 - - 83,000 - - Actuarial gain on defined benefit pension schemes 83,000 - - 83,000 - - Net movement in funds 219,734 (60,852) (620) 158,262 (6,878) Fund balances at 1 April 2018 57,9		3	981.556	-	267.808	1.249.364	960.389
Income from investments 5 9,012 - - 9,012 9,717 Total income 1,784,660 - 267,808 2,052,468 1,918,931 Expenditure on: Raising funds 6 739,803 - - 739,803 692,014 Charitable activities 7 849,936 118,815 268,428 1,237,179 1,240,278 Total resources expended 1,589,739 118,815 268,428 1,976,982 1,932,292 Net gains/(losses) on investments 12 (224) - - (224) 6,483 Net incoming/(outgoing) resources 194,697 (118,815) (620) 75,262 (6,878) Gross transfers between funds (57,963) 57,963 - - - Net incoming/(outgoing) resources 136,734 (60,852) (620) 75,262 (6,878) Other recognised gains and losses 83,000 - 83,000 - 83,000 - - Net movement in funds 219,734 (60,852) (6	÷			-			
Expenditure on: Raising funds 6 739,803 - - 739,803 692,014 Charitable activities 7 849,936 118,815 268,428 1,237,179 1,240,278 Total resources expended 1,589,739 118,815 268,428 1,976,982 1,932,292 Net gains/(losses) on investments 12 (224) - - (224) 6,483 Net incoming/(outgoing) resources before transfers 194,697 (118,815) (620) 75,262 (6,878) Gross transfers between funds (57,963) 57,963 - - - Net incoming/(outgoing) resources 136,734 (60,852) (620) 75,262 (6,878) Gross transfers between funds (57,963) 57,963 - - - - Net incoming/(outgoing) resources 136,734 (60,852) (620) 75,262 (6,878) Other recognised gains and losses Actuarial gain on defined benefit pension schemes 83,000 - 83,000 - 83,000 - Fund balances at 1	5			-	-		
Raising funds 6 739,803 - - 739,803 692,014 Charitable activities 7 849,936 118,815 268,428 1,237,179 1,240,278 Total resources expended 1,589,739 118,815 268,428 1,976,982 1,932,292 Net gains/(losses) on investments 12 (224) - - (224) 6,483 Net incoming/(outgoing) resources before transfers 194,697 (118,815) (620) 75,262 (6,878) Gross transfers between funds (57,963) 57,963 - - - - Net incoming/(outgoing) resources 136,734 (60,852) (620) 75,262 (6,878) Gross transfers between funds (57,963) 57,963 - - - - Net incoming/(outgoing) resources 136,734 (60,852) (620) 75,262 (6,878) Other recognised gains and losses - - 83,000 - - 83,000 - Net movement in funds 219,734 (60,852) (620) 158,262 (6,878) Fund bal	Total income		1,784,660		267,808	2,052,468	1,918,931
Charitable activities 7 849,936 118,815 268,428 1,237,179 1,240,278 Total resources expended 1,589,739 118,815 268,428 1,976,982 1,932,292 Net gains/(losses) on investments 12 (224) - - (224) 6,483 Net incoming/(outgoing) resources before transfers 194,697 (118,815) (620) 75,262 (6,878) Gross transfers between funds (57,963) 57,963 - - - - Net incoming/(outgoing) resources 136,734 (60,852) (620) 75,262 (6,878) Other recognised gains and losses 83,000 - - 83,000 - - Net movement in funds 219,734 (60,852) (620) 158,262 (6,878) Fund balances at 1 April 2018 57,983 435,666 78,811 572,460 579,338	Expenditure on:						
Total resources expended 1,589,739 118,815 268,428 1,976,982 1,932,292 Net gains/(losses) on investments 12 (224) - - (224) 6,483 Net incoming/(outgoing) resources before transfers 194,697 (118,815) (620) 75,262 (6,878) Gross transfers between funds (57,963) 57,963 - - - Net incoming/(outgoing) resources 136,734 (60,852) (620) 75,262 (6,878) Gross transfers between funds (57,963) 57,963 - - - - Net incoming/(outgoing) resources 136,734 (60,852) (620) 75,262 (6,878) Other recognised gains and losses 83,000 - - 83,000 - Actuarial gain on defined benefit pension schemes 83,000 - 83,000 - 83,000 - Net movement in funds 219,734 (60,852) (620) 158,262 (6,878) Fund balances at 1 April 2018 57,983 435,666 78,811 572,460 579,338	Raising funds	6	739,803	-		739,803	692,014
Net gains/(losses) on investments 12 (224) - (224) 6,483 Net incoming/(outgoing) resources before transfers 194,697 (118,815) (620) 75,262 (6,878) Gross transfers between funds (57,963) 57,963 - - - Net incoming/(outgoing) resources 136,734 (60,852) (620) 75,262 (6,878) Gross transfers between funds (57,963) 57,963 - - - Net incoming/(outgoing) resources 136,734 (60,852) (620) 75,262 (6,878) Other recognised gains and losses Actuarial gain on defined benefit pension schemes 83,000 - - 83,000 - Net movement in funds 219,734 (60,852) (620) 158,262 (6,878) Fund balances at 1 April 2018 57,983 435,666 78,811 572,460 579,338	Charitable activities	7	849,936	118,815	268,428	1,237,179	1,240,278
Net incoming/(outgoing) resources before transfers 194,697 (118,815) (620) 75,262 (6,878) Gross transfers between funds (57,963) 57,963 - - - Net incoming/(outgoing) resources 136,734 (60,852) (620) 75,262 (6,878) Other recognised gains and losses Actuarial gain on defined benefit pension schemes 83,000 - - 83,000 - Net movement in funds 219,734 (60,852) (620) 158,262 (6,878) Fund balances at 1 April 2018 57,983 435,666 78,811 572,460 579,338	Total resources expended		1,589,739	118,815	268,428	1,976,982	1,932,292
before transfers 194,697 (118,815) (620) 75,262 (6,878) Gross transfers between funds (57,963) 57,963 - - - Net incoming/(outgoing) resources 136,734 (60,852) (620) 75,262 (6,878) Other recognised gains and losses 136,734 (60,852) (620) 75,262 (6,878) Actuarial gain on defined benefit pension schemes 83,000 - - 83,000 - Net movement in funds 219,734 (60,852) (620) 158,262 (6,878) Fund balances at 1 April 2018 57,983 435,666 78,811 572,460 579,338	Net gains/(losses) on investments	12	(224)			(224)	6,483
Net incoming/(outgoing) resources 136,734 (60,852) (620) 75,262 (6,878) Other recognised gains and losses Actuarial gain on defined benefit pension schemes 83,000 - - 83,000 - - 83,000 - - 83,000 - - 83,000 - - 83,000 - - 83,000 - - 83,000 - - 83,000 - - 83,000 - - 83,000 - - - 83,000 - - - 83,000 - - - 83,000 - - - 83,000 - - - 83,000 - - - 83,000 - - - 83,000 - - - 83,000 - - - 83,000 - - - - - - - - - - - - - - - - - - <		;	194,697	(118,815)	(620)	75,262	(6,878)
Other recognised gains and losses Actuarial gain on defined benefit pension schemes 83,000 - - 83,000 - Net movement in funds 219,734 (60,852) (620) 158,262 (6,878) Fund balances at 1 April 2018 57,983 435,666 78,811 572,460 579,338	Gross transfers between funds		(57,963)	57,963	-	-	-
Actuarial gain on defined benefit 83,000 - - 83,000 - Net movement in funds 219,734 (60,852) (620) 158,262 (6,878) Fund balances at 1 April 2018 57,983 435,666 78,811 572,460 579,338	Net incoming/(outgoing) resources	;	136,734	(60,852)	(620)	75,262	(6,878)
Net movement in funds 219,734 (60,852) (620) 158,262 (6,878) Fund balances at 1 April 2018 57,983 435,666 78,811 572,460 579,338	Actuarial gain on defined benefit	i					
Fund balances at 1 April 2018 57,983 435,666 78,811 572,460 579,338	pension schemes		83,000	-	-	83,000	-
	Net movement in funds		219,734	(60,852)	(620)	158,262	(6,878)
Fund balances at 31 March 2019 277,717 374,814 78,191 730,722 572,460	Fund balances at 1 April 2018		57,983	435,666	78,811	572,460	579,338
	Fund balances at 31 March 2019		277,717	374,814	78,191	730,722	572,460

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

BALANCE SHEETS

AS AT 31 MARCH 2019

	Notes	Group 2019 £	Charity 2019 £	Group 2018 £	Charity 2018 £
Fixed assets					
Tangible assets	14	875,185	870,460	883,278	882,751
Investments	15	299,995	299,998	296,999	297,002
		1,175,180	1,170,458	1,180,277	1,179,753
Current assets					
Debtors	17	215,461	210,420	225,220	204,815
Cash at bank and in hand		432,186	391,207	396,681	376,624
	10	647,647	601,627	621,901	581,439
Creditors: amounts falling due within one year	18	(280,995)	(253,237)	(224,765)	(206,763)
Net current assets		366,652	348,390	397,136	374,676
Total assets less current liabilities		1,541,832	1,518,848	1,577,413	1,554,429
Creditors: amounts falling due after more than one year	19	(459,151)	(459,151)	(499,904)	(499,904)
Net assets excluding pension liability		1,082,681	1,059,697	1,077,509	1,054,525
Defined benefit pension liability	21	(351,959)	(351,959)	(505,049)	(505,049)
Net assets		730,722	707,738	572,460	549,476
Income funds					
Restricted funds	22	78,191	78,191	78,811	78,811
Unrestricted funds - general		,	,	,	,
Designated funds	23	374,814	370,089	435,666	435,139
General unrestricted funds		277,717	259,458	57,983	35,526
		652,531	629,547	493,649	470,665
		730,722	707,738	572,460	549,476

The financial statements were approved by the board of directors and authorised for issue on and are signed on its behalf by:

Mr M Noakes

. Mrs R Bates Trustee

Trustee Company Registration No. 00877990

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2019

	Notes	2019 £	9 £	201 £	8 £
Cash flows from operating activities Cash generated from/(absorbed by) operations	28		92,968		(100,435)
Investing activities Purchase of tangible fixed assets Interest received		(18,366) 2,095		(3,595) 3,012	
Net cash used in investing activities			(16,271)		(583)
Financing activities Repayment of bank loans		(41,192)		(41,178)	
Net cash used in financing activities			(41,192)		(41,178)
Net increase/(decrease) in cash and ca equivalents	ash		35,505		(142,196)
Cash and cash equivalents at beginning	of year		396,681		538,877
Cash and cash equivalents at end of y	ear		432,186		396,681

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

Company information

Spina Bifida, Hydrocephalus, Information, Networking, Equality - SHINE is a private company limited by guarantee incorporated in England and Wales. The registered office is 42 Park Road, Peterborough, PE1 2UQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest \pounds .

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

The consolidated accounts incorporate the results of the charity and of its wholly owned subsidiary.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives unless the funds have been designated for other purposes.

Designated funds comprise funds which have been set aside at the discretion of the Trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

1.4 Incoming resources

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Gifts donated for resale are included as income when they are sold. No amounts are included in the financial statements for services donated by volunteers.

Grant income is recognised according to the terms of each individual agreement.

All other income is dealt with on an accruals basis.

1.5 Resources expended

Direct expenditure is analysed and charged to the department incurring the cost. Expenditure is included when incurred, the majority of costs being directly attributable to specific activities. Costs that can not be directly attributable to particular headings, are allocated to activities on a basis consistent with use of the resources. Premises and other overheads have been allocated on a head count basis.

Fundraising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of chartable activities.

Governance costs are those incurred in connection with the governance arrangements of the charity and compliance with constitutional and statutory requirements.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses. Assets over £1,000 in value are capitalised at cost.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the straight line basis at the following rates:

Land and buildings	Buildings - 2%, land is not depreciated
Fixtures and fittings	20%
Equipment	20%
Software and website	20 - 33%

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

(Continued)

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

(Continued)

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits repayable on demand and overdrafts. Deposits are repayable on demand if they are in practice available within 24 hours without a penalty. Liquid resources comprise assets held as a readily disposable store of value.

1.9 Financial instruments

Financial instruments are recognised when the charity becomes party to the contractual provisions of the instrument.

Financial assets are offset, with the net amounts presented in the accounts when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

1 Accounting policies

(Continued)

1.10 Provisions

Provisions are recognised when the charity has a legal or constructive present obligation as a result of a past event, it is probable that the charity will be required to settle that obligation and a reliable estimate can be made of the amount of the obligation.

The amount recognised as a provision is the best estimate of the consideration required to settle the present obligation at the reporting end date, taking into account the risks and uncertainties surrounding the obligation. Where the effect of the time value of money is material, the amount expected to be required to settle the obligation is recognised at present value. When a provision is measured at present value, the unwinding of the discount is recognised as a finance cost in net income/(expenditure) in the period in which it arises.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee.

1.12 Retirement benefits

For employees choosing to participate, the charity operates a defined contribution pension scheme providing benefits additional to those from the State. The assets are held in a separately administered scheme. The pensions cost charge represents contributions payable by the company to the pension scheme in respect of the year.

Previously, the charity were part of a separately administered defined benefit scheme and is still required to make contributions to fund a deficit in the scheme.

The cost of providing benefits under defined benefit plans is determined separately for each plan using the projected unit credit method, and is based on actuarial advice.

The net interest element is determined by multiplying the net defined benefit liability by the discount rate, taking into account any changes in the net defined benefit liability during the period as a result of contribution and benefit payments. The net interest is recognised in income/(expenditure) for the year.

Remeasurement changes comprise actuarial gains and losses, the effect of the asset ceiling and the return on the net defined benefit liability excluding amounts included in net interest. These are recognised immediately in other recognised gains and losses in the period in which they occur and are not reclassified to income/(expenditure) in subsequent periods.

The net defined benefit pension asset or liability in the balance sheet comprises the total for each plan of the present value of the defined benefit obligation (using a discount rate based on high quality corporate bonds), less the fair value of plan assets out of which the obligations are to be settled directly. Fair value is based on market price information, and in the case of quoted securities is the published bid price. The value of a net pension benefit asset is limited to the amount that may be recovered either through reduced contributions or agreed refunds from the scheme.

1.13 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Total
	2019 £	2019 £	2019 £	2018 £
Donations and gifts	580,619	95	580,714	546,878
Legacies receivable	400,937	-	400,937	138,128
Grants receivable	-	267,713	267,713	275,383
	981,556	267,808	1,249,364	960,389
For the year ended 31 March 2018	684,491	275,898		960,389
Donations and gifts				
Individuals	364,418	-	364,418	283,818
Trusts	183,259	-	183,259	209,293
Corporate donors	29,987	-	29,987	9,576
Health Trusts / Local Authorities	-	-	-	36,523
Local associations	2,955	-	2,955	7,153
Support groups	-	95	95	515
	580,619	95	580,714	546,878

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

3	Donations and legacies			(0	Continued)
	Grants receivable for core activities				
	Welsh Government	-	53,808	53,808	57,008
	Big Lottery Fund - England	-	41,992	41,992	83,199
	Big Lottery Fund - Northern Ireland	-	79,755	79,755	62,585
	Merchant Taylors Fund	-	7,000	7,000	7,000
	29May1961 Fund	-	10,000	10,000	10,000
	Weston Bay ABMU services	-	10,477	10,477	-
	Sorbell	-	10,000	10,000	-
	Buchanan and Henry Allen	-	24,500	24,500	-
	Margaret Giffin Charitable Trust	-	15,000	15,000	-
	International Work	-	-	-	16,490
	Other	-	15,181	15,181	39,101
			267,713	267,713	275,383

4 Other trading activities

	2019	2018
	£	£
Income of trading subsidiary	740,891	869,909
Donations sold through shops	44,883	48,083
Rental income	7,807	22,655
Publications and attendance fees	511	8,178
	794,092	948,825

5 Income from investments

	2019 £	2018 £
Income from listed investments Interest receivable	6,917 2,095	6,705 3,012
	9,012	9,717

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

6 Raising funds

			2019 £	2018 £
Fundraising and publicity				
Direct staff costs			195,549	180,588
Other fundraising direct costs			149,390	96,587
Support costs (see note 8)			84,463	60,906
Fundraising and publicity			429,402	338,081
	Shine			
	(Trading)		Total	Total
	Limited	Shops	2019	2018
	£	£	£	£
Trading costs				
Direct staff costs	147,950	18,748	166,698	195,888
Other direct operational costs	31,492	1,680	33,172	47,314
Support costs (see note 8)	95,640	14,891	110,531	110,731
Trading costs	275,082	35,319	310,401	353,933
			739,803	692,014

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

7 Charitable activities

£
,491 ,305
,796
,041
,441
,278
,249
,909
,120
,278

8 Support and governance costs

	Fundraising and publicity	Trading costs	Charitable activities	2019	2018
Support costs	£	£	£	£	£
Staff costs	35,111	46,640	82,577	164,328	136,854
IT costs	7,294	7,459	27,251	42,004	46,346
Premises costs	25,270	52,728	22,268	100,266	91,195
Other support costs	16,788	3,703	62,717	83,208	40,283
	84,463	110,530	194,813	389,806	314,678

Governance costs	2019 £	2018 £
Staff costs	15,163	15,789
Audit fees	8,540	8,129
Other governance costs	2,529	2,523
	26,232	26,441

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

9 Commercial operations in trading subsidiary

The charity has one wholly owned trading subsidiary undertaking, Shine (Trading) Limited which sells advertising space in various publications and balloons for virtual balloon races. The company gift aids virtually all its taxable profits to Shine. A summary of its trading results is shown below. Audited accounts have been filed with the Registrar of Companies.

Shine (Trading) Ltd Profit & Loss Account	2019 £	2018 £
Turnover Cost of sales	740,891 (179,857)	869,909 (223,095)
Gross profit Administration expenses	561,034 (95,222)	646,814 (98,517)
Operating profit Amount payable by gift aid to Shine	465,812 (465,812)	548,297 (548,297)
Profit on ordinary activities	-	-
Shine (Trading) Ltd Balance Sheet	2019 £	2018 £
Fixed assets	4,725	527
Current assets Current liabilities	289,285 (171,023)	157,416 (134,956)
Net current assets	18,262	22,460
Total net assets	22,987	22,987
Aggregate share capital and reserves	22,987	22,987

10 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

In respect of attending meetings of committees, travel expenses amounting to £821 (2018 - £1,467) have been reimbursed to 5 (2018 - 8) members of the Board of Trustees.

The accounts include a charge of £1,829 (2018 - £1,406) to provide the Trustees with indemnity insurance.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

11 Employees

Number of employees

The average monthly number of full time equivalent employees during the year was:

	2019 Number	2018 Number
Services	25	28
Fundraising and publicity	6	5
Shops	1	1
Administration	4	5
Shine (Trading) Limited	5	6
	41	45
Employment costs	2019	2018
	£	£
Wages and salaries	1,230,337	1,263,678
Redundancy costs	29,436	-
Social security costs	103,827	108,065
Other pension costs	34,748	29,036
Other staff related benefits	5,585	5,093
	1,403,933	1,405,872
The number of employees whose annual remuneration was £60,000 or more were:		
	2019	2018

	2019	2018
	Number	Number
£60,001 - £70,000	1	1

Pension contributions for higher paid employees were \pounds 4,181 (2018 - \pounds 4,181).

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

12 Net gains/(losses) on investments

	Total 2019 £	Total 2018 £
Revaluation of investments	(7,771)	4,528
Gain/(loss) on sale of investments	7,547	1,955
		<u> </u>
	(224)	6,483

13 Taxation

Spina Bifida, Hydrocephalus, Information, Networking, Equality - SHINE is a registered charity. It only applies its funds in accordance with its charitable objectives, and is not trading with a view to making distributable profits, therefore corporation tax is not chargeable.

The trading subsidiary has gifted its profits to Spina Bifida, Hydrocephalus, Information, Networking, Equality - SHINE under Gift Aid therefore no corporation tax is payable

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

14 Tangible fixed assets

	Land and buildings	Equipment	Fixtures and fittings a	Software Ind website	Total
Group	£	£	£	£	£
Cost					
At 1 April 2018	1,487,404	34,936	17,024	-	1,539,364
Additions	-	-	-	18,366	18,366
At 31 March 2019	1,487,404	34,936	17,024	18,366	1,557,730
Depreciation and impairment					
At 1 April 2018	622,400	25,628	8,058	-	656,086
Depreciation charged in the year	17,496	5,562	3,401	-	26,459
At 31 March 2019	639,896	31,190	11,459	-	682,545
Carrying amount					
At 31 March 2019	847,508	3,746	5,565	18,366	875,185
At 31 March 2018	865,004	9,308	8,966	-	883,278

	Land and buildings	Equipment	Fixtures and fittings a	Software and website	Total
Charity	£	£	£	£	£
Cost					
At 1 April 2018	1,487,404	32,297	17,024	-	1,536,725
Additions	-	-	-	13,641	13,641
At 31 March 2019	1,487,404	32,297	17,024	13,641	1,550,366
Depreciation and impairment					
At 1 April 2018	622,400	23,516	8,058	-	653,974
Depreciation charged in the year	17,496	5,035	3,401		25,932
At 31 March 2019	639,896	28,551	11,459	-	679,906
Carrying amount					
At 31 March 2019	847,508	3,746	5,565	13,641	870,460
At 31 March 2018	865,004	8,781	8,966		882,751

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

15 Fixed asset investments

16

)		Group 2019	Charity 2019	Group 2018	Charity 2018
		£	£	£	£
	Investments in subsidiaries	-	3	-	3
	Listed investments	299,995	299,995	296,999	296,999
		299,995	299,998	296,999	297,002
	Movements in fixed asset investments Group and Charity			2019	2018
				£	£
	Cost or valuation			070 400	050.040
	At 31 March 2018			273,129	250,643
	Additions within portfolio			37,911	34,237
	Disposals within portfolio Valuation changes			(46,659) 5,164	(23,433) 11,682
	Valuation changes			5,104	11,002
				269,545	273,129
	Cash held for investment			30,450	23,870
	At 31 March 2019			299,995	296,999
_		_			
5	Financial instruments	Group	Charity	Group	Charity
		2019 £	2019 £	2018 £	2018 £
	Carrying amount of financial assets	L	L	L	L
	Trade debtors	146,971	1,781	142,108	7,092
	Other debtors	1,573	1,573	1,573	1,573
	Accrued income	52,010	52,010	60,735	60,735
	Amounts due from subsidiary undertakings	-	143,265	-	116,955
	Bank and cash	432,186	391,207	396,681	376,624
	Measured at cost	632,740	589,836	601,097	562,979
	Fixed asset investments	299,995	299,998	296,999	297,002
	Measured at market value	299,995	299,998	296,999	297,002

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

					(Continued)
16	Financial instruments	Group	Charity	Group	Charity
	Carrying amount of financial liabilities				
	Trade creditors	50,981	45,326	27,513	27,008
	Accruals and deferred income	61,825	54,311	46,363	37,625
	Other creditors	85,843	85,843	75,722	75,722
	Other taxation and social security	41,126	26,537	33,508	24,749
	Bank loans	500,371	500,371	541,563	541,563
	Measured at cost	740,146	712,388	724,669	706,667
17	Debtors				
		Group	Charity	Group	Charity
		2019	2019	2018	2018
	Amounts falling due within one year:	£	£	£	£
	Trade debtors	146,971	1,781	142,108	7,092
	Amounts due from subsidiary undertakings	-	143,265	-	116,955
	Other debtors	1,573	1,573	1,573	1,573
	Prepayments and accrued income	66,917	63,801	81,539	79,195
		215,461	210,420	225,220	204,815

The net amount owed by the subsidiary includes amounts owing for gift aid receivable and payment for services provided.

18 Creditors: amounts falling due within one year

		Group 2019	Charity 2019	Group 2018	Charity 2018
	Notes	£	£	£	£
Loans and overdrafts	20	41,220	41,220	41,659	41,659
Other taxation and social sec	curity	41,126	26,537	33,508	24,749
Trade creditors		50,981	45,326	27,513	27,008
Other creditors		85,843	85,843	75,722	75,722
Accruals and deferred incom	e	61,825	54,311	46,363	37,625
		280,995	253,237	224,765	206,763

19 Creditors: amounts falling due after more than one year

Group and Charity	Notes	2019 £	2018 £
Loans and overdrafts	20	459,151	499,904

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

20	Loans and overdrafts		
	Group and Charity	2019 £	2018 £
	Bank loans	500,371	541,563
	Payable within one year Payable after one year	41,220 459,151	41,659 499,904

The bank loan is secured by a first legal charge over the freehold property known as 42 Park Road, Peterborough. The loan is repayable until 2027 with interest charged at 3.5% above base rate.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

21 Retirement benefit schemes

The Pensions Trust - The Growth Plan

SHINE participates in The Pension Trust's Growth Plan (The Plan), a multi-employer scheme which provides benefits to some 950 non-associated participating employers. The scheme is a defined benefit scheme in the UK.

It is not possible for the charity to obtain sufficient information to enable it to account for the scheme as a defined benefit scheme. Therefore it accounts for the scheme as a defined contribution scheme

The scheme is subject to the funding legislation outlined in the Pensions Act 2004 which came into force on 30 December 2005. This, together with documents issued by the Pensions Regulator and Technical Actuarial Standards issued by the Financial Reporting Council, set out the framework for funding defined benefit occupational pension schemes in the UK.

The scheme is classified as a 'last-man standing arrangement'. Therefore the charity is potentially liable for other participating employers' obligations if those employers are unable to meet their share of the scheme deficit following withdrawal from the scheme. Participating employers are legally required to meet their share of the scheme deficit on an annuity purchase basis on withdrawal from the scheme.

A full actuarial valuation for the scheme was carried out at 30 September 2017. This actuarial valuation showed assets of £794.9m, liabilities of £926.4m and a deficit of £131.5m. To eliminate this funding shortfall, the trustees and the participating employers have agreed that additional contributions will be paid to the scheme as follows:

Deficit contributions

From 1 April 2019 to 31 March 2025:

£11,243,000 per annum (payable monthly and increasing by 3% each on 1st April)

Note that the scheme's previous valuation was carried out with an effective date of 30 September 2014. This valuation showed assets of \pounds 793.4m, liabilities of \pounds 969.9m and a deficit of \pounds 176.5m. To eliminate this funding shortfall, the Trustee has asked the participating employers to pay additional contributions to the scheme as follows:

Deficit contributions

From 1 April 2016 to 30 September 2025:£12,945,440 per annum
(payable monthly and increasing by 3% each on 1st April)From 1 April 2016 to 30 September£54,560 per annum
(payable monthly and increasing by 3% each on 1st April)2028:(payable monthly and increasing by 3% each on 1st April)

The recovery plan contributions are allocated to each participating employer in line with their estimated share of the Series 1 and Series 2 scheme liabilities.

Where the scheme is in deficit and where the charity has agreed to a deficit funding arrangement the company recognises a liability for this obligation. The amount recognised is the net present value of the deficit reduction contributions payable under the agreement that relates to the deficit. The present value is calculated using the discount rate detailed in these disclosures. The unwinding of the discount rate is recognised as a finance cost.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

21	Retirement benefit schemes			(Continued)
	Present values of provision	31 March 2019 (£000s)	31 March 2018 (£000s)	31 March 2017 (£000s)
	Present value of provision	422	580	653

An amount of £70,090 is included within short term creditors and £351,959 in long term liabilities.

Reconciliation of opening and closing provisions

	Period Ending 31 March 2019 (£000s)	Period Ending 31 March 2018 (£000s)
Provision at start of period	580	653
Unwinding of the discount factor (interest expense)	9	8
Deficit contribution paid	(75)	(73)
Remeasurements - impact of any change in assumptions	4	(8)
Remeasurements - amendments to the contribution schedule	(96)	-
Provision at end of period	422	580

Income and expenditure impact

	Period Ending 31 March 2019 (£000s)	Period Ending 31 March 2018 (£000s)
Interest expense	9	8
Remeasurements - impact of any change in assumptions	4	(8)
Remeasurements - amendments to the contribution schedule	(96)	-
Contributions paid in respect of future service*	-	-
Costs recognised in income and expenditure account	(83)	

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

21	Retirement benefit schemes			(Continued)
	Assumptions	31 March 2019 % per annum		31 March 2017 % per annum
	Rate of discount	1.39	1.71	1.32

The discount rates shown above are the equivalent single discount rates which, when used to discount the future recovery plan contributions due, would give the same results as using a full AA corporate bond yield curve to discount the same recovery plan contributions.

The following schedule details the deficit contributions agreed between the company and the scheme at each year end period:

Deficit contributions schedule

Year ending	31 March 2019 (£000s)	31 March 2018 (£000s)	31 March 2017 (£000s)
Year 1	70	75	73
Year 2	72	77	75
Year 3	74	79	77
Year 4	77	82	79
Year 5	79	84	82
Year 6	68	87	84
Year 7	-	89	87
Year 8	-	46	89
Year 9	-	-	46

The charity must recognise a liability measured as the present value of the contributions payable that arise from the deficit recovery agreement and the resulting expense in the income and expenditure account i.e. the unwinding of the discount rate as a finance cost in the period in which it arises.

It is these contributions that have been used to derive the charity's balance sheet liability.

The Plan is closed to new entrants and there were no active members of the scheme during the year.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

22 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

		Movement	in funds	
	Balance at	Income	Expenditure	Balance at 31 March 2019
Group and Charity	1 April 2018 £	£	£	£
Welsh Assembly Government – early intervention				
work in Wales	4,413	53,808	(58,221)	-
Big Lottery Fund Wales – supporting work in Wales Big Lottery Fund Northern Ireland – support to	18,543	41,992	(60,535)	-
children in Northern Ireland	16,882	79,755	(76,979)	19,658
International Projects – developing a continence clinic in Nigeria	4,901	-	(368)	4,533
Peter Harrison Foundation – South East Family				
Project	210	2,657	(2,867)	-
Merchant Taylors' Company Grant - supporting our				
work in the London	7,000	7,000	(7,000)	7,000
29th May 1961 Charity – supporting our work in	7 500	40.000	(10,000)	7 500
Birmingham	7,500	10,000	(10,000)	7,500
Awards for All – Shine 40+ Pioneers Project	1,700	-	(1,700)	-
Good to Talk Project	6,618	-	(6,618)	-
Adult Groups in Northern Ireland	8,500	-	(8,500)	-
Welfare Grants	464	5,876	(6,340)	-
Support Groups	227	95	(322)	-
Health and Well-being Centre and Living skills				
Training Suite	1,853	-	(1,853)	-
Weston Bay ABMU services - supporting our work in				
Wales	-	10,477	(10,477)	-
SOBELL - supporting our Shine 40plus pioneer work Buchanan & Henry Allen - supporting our work in	-	10,000	(10,000)	-
the North of England	-	24,500	-	24,500
Volunteer Action - supporting our work in Wales Margaret Giffen Charitable Trust - supporting our	-	6,648	(6,648)	-
work in Northampton	-	15,000	-	15,000
	78,811	267,808	(268,428)	78,191

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

23 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

Group	Balance at 1 April 2018 £	Net movement £	Balance at 31 March 2019 £
Interest in land and property and other fixed assets Pension deficit Digital development fund	341,715 74,748 19,203 435,666	33,099 (74,748) (19,203) (60,852)	374,814 - - 374,814
Charity			
Interest in land and property and other fixed assets Pension deficit Digital development fund	341,188 74,748 19,203 - 435,139	28,901 (74,748) (19,203) - 65,050	370,089 - - 370,089

The designated fund comprises

- the charity's interest in land and property and other fixed assets, net of the outstanding mortgage.

- the pension deficit fund that was previously set aside by Trustees as a reserve representing one year's payment required to reduce the pension deficit. Trustees have decided that this reserve is no longer required.

- the digital development fund for redevelopment of the charity's membership database and the website.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

24 Analysis of net assets between funds

Analysis of het assets between funds				
	Unrestricted funds	Designated funds	Restricted funds	Total
	2019	2019	2019	2019
Group	£	£	£	£
Fund balances at 31 March 2019 are represented by:				
Tangible assets	-	875,185	-	875,185
Investments	299,995	-	-	299,995
Current assets/(liabilities)	329,681	(41,220)	78,191	366,652
Long term liabilities	-	(459,151)	-	(459,151)
Provisions and pensions	(351,959)	-	-	(351,959)
	277,717	374,814	78,191	730,722
	Unrestricted funds	Designated funds	Restricted funds	Total
	2019	2019	2019	2019
Charity	£	£	£	£
Fund balances at 31 March 2019 are represented by:				
Tangible assets	-	870,460	-	870,460
Investments	299,998	-	-	299,998
Current assets/(liabilities)	311,419	(41,220)	78,191	348,390
Long term liabilities	-	(459,151)	-	(459,151)
Provisions and pensions	(351,959)	-	-	(351,959)
		·		·
	259,458	370,089	78,191	707,738

25 Operating lease commitments

Group and Charity

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2019 £	2018 £
Within one year	5,200	5,200

In addition to the above, there is a contingent liability of \pounds 11,433 (2018 - \pounds 28,583) in respect of a lease on premises previously occupied by the charity that has been assigned to a new tenant.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2019

26 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel, who on a full time equivalent basis are the 2.9 (2018 - 3.8) members of the senior management team, is as follows.

	2019 £	2018 £
Aggregate compensation including pension contributions	179,218	196,022

Transactions with related parties

Owing to the nature of the charity's operations, some of the Trustees may themselves, or may have family members that access services from the charity. Consequently there will be transactions between those Trustees or their family members. These are on the same basis as other service users of the charity.

27 Control

No one individual has overall control of the charity.

28	Cash generated from operations	2019 £	2018 £
	Surplus/(deficit) for the year	158,262	(6,878)
	Adjustments for:		
	Investment income recognised in statement of financial activities	(9,012)	(9,717)
	Investment management fees recognised in statement of financial activities	3,695	3,569
	Gain on disposal of investments	(7,547)	(1,955)
	Fair value gains and losses on investments	7,771	(4,528)
	Depreciation and impairment of tangible fixed assets	26,459	28,542
	Movements in working capital:		
	Decrease/(increase) in debtors	9,759	(11,499)
	Increase/(decrease) in creditors	56,671	(23,222)
	Increase/(decrease) in pension liability	(153,090)	(74,747)
	Cash generated from/(absorbed by) operations	92,968	(100,435)

Registration Details:

Charity number:	249338
Company number:	00877990
Registered Office:	42 Park Road, Peterborough, PE1 2UQ
Royal Patron:	HRH The Duchess of Gloucester GCVO
Patrons:	Dennis Bryant I Dr Rob Hicks I Danny Mills I Natalie Povey Ellis Jenkins I Baroness Masham of Ilton, Countess of Swindon DL

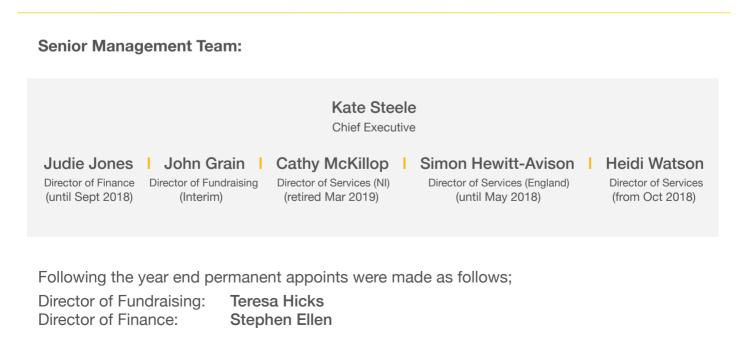
Directors and Trustees:

The directors of the charitable company (the charity) are its Trustees for the purpose of charity law and throughout the report are collectively referred to as the Trustees.

The Trustees serving during the year were as follows:

Mark Noakes Chairman	I	Gregory Smith Vice Chairman	I.	Aidan Kehoe Hon. Treasurer resigned Oct 2018	Rebecca Bates Hon. Treasurer appointed Dec 2018	
Patricia Adley	I	Roger Bayston	I	Michael Brown	Sally Hesling resigned Oct 2018	
Lisa Rodan Peter Serjent Joanne Williams						

It is confirmed that none of the serving Trustees had any beneficial interest in any contract with Shine in the year.



Thank you...

On behalf of the thousands of individuals with hydrocephalus and / or spina bifida and their families we are able to help each year, we would like to thank the many individuals, families, organisations and volunteers who have helped Shine in so many ways, some of which are listed below.

Trusts and Foundations:

Baron Davenport's Charity **Big Lottery Fund - Wales** The Brian Wilson Charitable Trust Community Fund - Northern Ireland The Childwick Trust CHK Foundation (CHK Charities Ltd) The D'Oyly Carte Charitable Trust The Eleanor Harvey Charitable Trust John Horniman's Charitable Trust The Eveson Charitable Trust The G C Gibson Charitable Trust Homelands Charitable Trust The Jessie Spencer Trust The Joseph Strong Frazer Trust Margaret Giffen Charitable Trust Merchant Taylors' Company Peter Harrison Foundation PF Charitable Trust Pilkington Charities' Fund Shanlev Foundation The Simon Gibson Charitable Trust The Sobell Foundation The Strangward Trust The 29th May 1961 Charity Welsh Government

Companies / Organisations

Bullens Healthcare Coloplast Irwin Mitchell Solicitors **Royal Pigeon Racing Association** Enable Law Buchanan & Henry Allen All Saints CE (VA) Primary School Allens Cadge & Gilbert Solicitors Alwalton Hall Asda, Peterborough Barclays, Peterborough **Beauty Outlet BGL Group** Bills Restaurant, Peterborough Buckingham Flooring **Buckles** Bulk Gym CBRE, Parc Trostre Retail Park Compton Nursery **Dogsthorpe Infant School** Eatons Community Association Enable Law

Festival Angling Club in Ebbw Vale **Gosberton Academy** Greenhaw Primary School Handelsbanken, Peterborough Hawsker-cum-Stainsacre C of E VC **Primary School** Heart FM, Cambridgeshire **Hicks Karate** Hornsev Road Children's Centre Icknield High School Jodie's Face Painting John Lewis - Peterborough, Solihull and Sheffield Marks and Spencer, Mansfield Michael John, Peterborough Middletons, Peterborough National Citizen Service, Ilkeston Nene Valley Primary Oddfellows (Erewash Valley and Nottingham Trent) District Branches Park Inn, Peterborough Peter Jones, Chelsea Peterborough Cathedral Petersfield Church of England Aided Primary School Pizza Express, Peterborough Plumbstead Manor School Robert J Goodson Sainsburys, Bretton Shine Lincs Group St Cuthburts RC Primary School St Osyth's Priory Lodge Freemason St. Colmcille's High School Suffolk Police Constabulary Swindon Citadel Church and **Community Centre** Sycamore BMW, Peterborough The Archbishop Rowan Williams Church in Wales School The Lighthouse & The Oxford Retreat The Owl Craft House Tiptoe School of Performing Arts Watford Football Club Welbourne Primary School Woodston Primary School Worksop Priory C of E School Xtreme 360 Trampoline Park. Ironside Lubricants

Supporters

Amy Dawson

Anne Thomas Carol Collier Emmy Louise Eunice Chaonza Grace McSharrv Hayley and Dan Stapleton lain Swanson Javde Greer Keelev Standlev Kev Lawrence Leonne Caldicott Lily-Jade Gunning lloyd Sargeant Lorraine McMahon Louise Pettman Malin Halvensleben Martin Sarfas Matthew Clarke Matthew Vince Michelle Cookson Mike Linford Morgan Llwyd Jones Nina Duchateau Paul Casson Rebecca Roberts Robvn Clarke Salini Vickers Sara Murra Sarah Kirk Sarah Smedlev Theresa Kirwan Victor Gidnev Yvonne O'Neill Tim Richards Jack Shreeve Amanda Fall Rory Mortimore James Flaherty Thomas Dunster Ian Shawcross Val Conwv Benjamin Chivers **Ricky Hopkins** Bronagh Campbell Gabriel Wankya Matthew Allingham Stephen Redwood Jenny & Pep Merola Leona Brown Lou Aimes-Hill Laura Campbell

Auditors:

Baldwins Audit Services Limited Ruthlyn House 90 Lincoln Road Peterborough PE1 2SP

Bankers:

The Co-operative Bank Plc PO Box 250 Skelmersdale WN8 6WT

Solicitors:

Hegarty & Co 48 Broadway Peterborough PE1 1YW

Investment Managers:

R.C. Brown Investment Management 1 The Square Temple Quay Bristol BS1 6DG

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