

Meeting my
independent living needs

• **Housing Adjustments** •
Passport

Name:

.....

For more information about spina bifida and/or hydrocephalus,
contact Shine: 01733 555988 • firstcontact@shinecharity.org.uk
www.shinecharity.org.uk



The purpose of this passport is to outline adjustments and/or requirements that may be made for the Applicant named to live independently. It prompts conversations about all aspects of the Applicant's health and mobility requirements and helps everyone understand the specific needs and the help available. It can prompt Occupational Health assessments (OHS). They can make recommendations of support equipment and adaptations where necessary.

It also allows the Applicant to fully appreciate the level of support they require and this in turn helps to ease levels of stress from sourcing housing. The document is confidential, a copy will be held by the Applicant and the housing provider. The document needs written consent from the Applicant to be shared with anyone else.

Applicant Details

Applicant name

Applicant Signature

Date Signed

Housing representative Details

Name

Signature

Date Signed

My Health Conditions

This may include but is not limited to:

- Co-ordination, dexterity, mobility
- Mental health
- Hearing, speech, visual impairment
- Social interaction

Example:

To be able to live independently I require...level access entrance, wet room with fixed seating. Any equipment may already use.

Advice from other organisations

e.g. Charity support, care givers, Occupational Therapists

Organisation name

Key worker name

Date

Advice offered:

Advice from other organisations

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For Conditions that Fluctuate

Write details of what a good day may look like:

Write details of what a bad day may look like:

Possible requirements, but not limited to

The following may be required to deem a property suitable.

Access requirements

Level access

Can manage step (less than 2)

Can manage step (less than 5)

Automatic door opening

Smooth flooring

Grab rails

No lips on doorway sills

Non-slip ramps

Lighting (beyond standard)

Driveway/parking

Parking distance

Detail here:

Kitchen

Lowered surfaces

Raised surfaces

Grab rails

Extra space (wheelchair manual)

Extra space (wheelchair power)

Under worktop space for chair

Adapted sink height

Adapted cooker height

Lighting specifics

Adapted tap handles

Bathroom

Bath

Shower

Grab rails bath

Grab rails toilet

Wet room

Hoist required

Fixed seating

Portable seating

Non-slip flooring

Adapted tap handles

Possible requirements, but not limited to

The following may be required to deem a property suitable.

General

Pull cord/ alarms safety

Light switch heights

Door handle heights

Plug socket height

Doorway widths

Electric doors

Hoist required

Extra space for wheelchair (manual or power)

Heating controls

Pet or assistance animal

Bin/refuse access

Other mobility aids

Detail here:

Any additional considerations

Additional Information

Disabled Person Council Tax Reduction

Can be used to get up to 25% reduction

Utility Companies

Ensure registered as disabled for prior warning for works, and extra support in emergencies

Disabled Facilities Grant

This varies from Council to Council, but can be used for various alterations to a property to help a disabled person

Any additional Information